

# A Holiday Wish from The Hospice Hub

The holidays have a way of stirring up so many feelings, don't they? For some, it's the joy of gathering with family, the sparkle of lights, and the comfort of traditions. For others, it's a tender time, filled with memories of loved ones who are no longer here. At The Hospice Hub, we know both sides of the season well—and we honour them all.

This time of year often brings back the sweetest memories. Maybe it's the smell of a favourite holiday dish, the sound of carols drifting through the house, or the laughter of children playing. These moments remind us that love doesn't fade—it stays with us; woven into the stories we share and the traditions we keep alive. If the holidays teach us anything, it's that the greatest gift isn't something wrapped in paper. It's being there—sitting together, holding hands, sharing a smile. At The Hospice Hub, we see every day how powerful presence can be. Sometimes the quiet moments mean the most.

We are so thankful for the compassion of our volunteers, the dedication of our staff, and the trust of families who invite us into their lives. The holidays remind us that community is built on kindness, and that in times of loss, we can lean on one another for strength.

Even when the days feel heavy, the holidays offer glimmers of hope. The twinkle of lights, the warmth of a hug, or the beauty of a winter evening remind us that light always finds a way through the darkness. That's what The Hospice Hub is about too—helping families find comfort, dignity, and love in every moment.

From The Hospice Hub family to yours, may this season bring peace, gentle joy, and the reminder that love surrounds us always.

Mary Lou Hussak  
Executive Director